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Chris Comish's blog

Chris Comish is a Reiki Master and here to lift others up in Love and Light.

Wednesday, August 16, 2023

Chris Comish's profile

Archiving as a record for future generations to discover. Posted 8.16.2023.

Chris Comish

Name: Chris Comish
Birthday: May 29
Location: Colorado, USA
Relationship: Married
Sun Sign: Gemini
Moon Sign: Pisces
Ascendant/Rising Sign: Cancer

Life's Work: Reiki Master, Network Creator, Book Author, Blogger and Video Creator

Planetary Affiliation: Ascended Masters (Path 1: Path of Earth Service)
Galactic Affiliation: Pleiades (Path 4: Path to Sirius)

Life Lesson: To Be Love and Wisdom in alignment with Divine Will. To Master Spiritual Energies for the Highest Good of Humanity.

Bio:
Chris Comish is a Reiki Master and here to lift others up in Love and Light. Since his awakening in 2006, his wish is to share with the world to help it awaken. Chris is the founder of the City of Shamballa social network at https://www.cityofshamballa.net. Subscribe to his YouTube channel at Onenessandlove. Author of The Path of Oneness, The Earth Gate, and multiple energy attunements books.

Tell us about yourself?
Reiki Master and Adept on the Spiritual Path of All That Is. Qan Melchizedek is my spiritual name. Qan comes from Qan Yin. Melchizedek comes from the Melchizedek order. I AM compassionate Love and Wisdom. I AM of the 2nd Monadic Ray of Love and Wisdom. Service work- Volunteer Healer at The Distant Healing Network. Gemini Sun. Pisces Moon. Cancer rising. I incarnated to overcome the mind of the Gemini and to enter the Heart, to activate my subconscious Pisces moon sign empathy/compassion and spiritual connections consciously, and to get out of my Cancer rising shell and share with the world while involved in group work. I am

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About Me

Chris Comish

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View my complete profile

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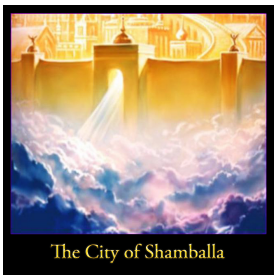

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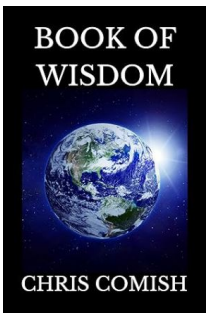

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endeavoring to be love in all thoughts, feelings, and actions. Gene Keys 4, 9, 12, 16, 22, 37, 40, 43, 52, and 62.

My life purpose is Gene Key 40: Divine Will https://genekeys.com/pulse/40-divinewill/

Ascended Master Qan Dek of the Spiritual Space in Shamballa. Lord of Compassion and Master of Wisdom (2nd Monadic Ray- under Master Kuthumi and Master Djwhal Khul as sourced from Jesus the Christ and Buddha). 5 pointed star. Mastery of 1. physical, 2. etheric, 3. emotional/astral, 4. mental, and 5. spirtual planes (Causal, Buddhic, Atmic). Bodhisattva. Pleiadian Starseed. Old Soul. On the Path of Earth Service under Sanat Kumara guiding the New Ascended Earth, also learning more about Divine Will (learning about 1st Monadic Ray under El Morya), then becoming the seven pointed star (Mastery of Monadic and Logoic Planes) and moving onto the Path of Sirius to explore Cosmic Love/Cosmic Astral Plane, which is the home of the Pleiadians and many other galactic races.

What brought you here?
Since my awakening in 2006, I wish to share with the world to help it awaken.

What can you contribute?
Attunements, Love and Wisdom. Also willing to heal people and situations that need my help. Author of The Path of Oneness, The Earth Gate, and multiple energy attunements books.

Teachers
Lord Melchizedek, Cosmic Council of Twelve, Saint Germain. Archangel Metatron, Enoch, Sanat Kumara, Logos of Sirius, Logos of Arcturus, Jesus Christ, Mother Teresa, Saint Francis of Assisi and many many more.

Books
The Complete Ascension Manual by Dr. Joshua David Stone;

Beyond Ascension by Dr. Joshua David Stone;

The Law of One 101- The Choice by Carla Ruckert;

Book of Knowledge: Keys of Enoch by Dr. JJ Hurtak;

Bhagavad Gita;

Pistis Sophia, translated by G.R.S. Mead;

The Goal of Life, by Hiram Butler;

The Causal Body and the Ego, by Arthur E. Powell;

Initiation, Human and Solar, by Alice A. Bailey;

The Masters and the Path, by C.W. Leadbeater;

108 Lectures of Wisdom at http://www.maharishiphotos.com/lecture1.html ;

21 Essential Lessons (Vol. 1 and 2) by AMTF;

Gene Keys: Unlocking The Higher Purpose, by Richard Rudd;

The Voice of the Silence, by Helena Blavatsky;

The Corpus Christi - Science of the Rainbow Body, by Richard Rudd

Movies

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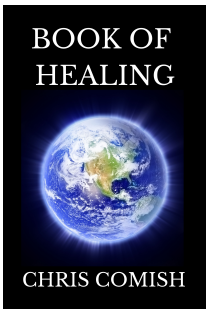

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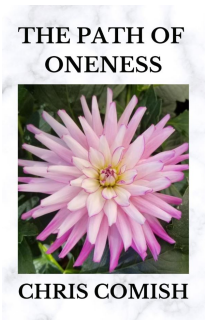

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Comedy, Romance or Spiritual movies. Examples of spiritual movies are Son of God, Ghost, What Dreams May Come, The Sixth Sense, The Lovely Bones, and Jacob's Ladder. Also like movies like Gladiator and Interstellar.

Music
Enigma, Enya, Loreena McKennitt and much more. My music playlist bringing Love vibration into everyday life. https://music.youtube.com/playlist?list=PLqsCziap_vYXlJrJxqL4Vxzv1F5-NAWu1&feature=share My music playlist bringing Light vibration into everyday life. https://music.youtube.com/playlist?list=PLqsCziap_vYXC6MI8AyCgOOgqVB5o4EBB

Goals
Heal the world. Strengthen the channels to allow for more Love and Light. Lift others up. Provide compassion, empathy, and unselfishness to all. Stay balanced with the wise use of energy. The purpose of Life is to be Love and Light in Service to Others in Alignment with Free Will. "Who has ears to hear, let each hear."

More About Me

How do you give back?

I believe in giving to charity and serving each other for the good of the whole. Currently I'm volunteering as a distant healer for the Distant Healing Network.

How can Reiki or other energies help me?

What is Reiki?

Reiki (pronounced ray-key) is Japanese for Universal Life Energy. Reiki exists in and around us. A Reiki healer is able to tap into this limitless energy for the purpose of bringing others back into wholeness and balance. Reiki can also be sent to heal situations in the past, present, or future. Reiki protects you from harm. You may use Reiki or other energies as you are guided.

These are some of the ways I use Reiki or other energies-

Use for power and protection. I like to add Cho Ku Rei with a triple swirl of blue light of Archangel Michael's protection on all people, cars, and buildings to protect each for their highest and greatest good.

Heal a situation. Examples War in Ukraine, Fires, Floods, Hurricanes, Earthquakes, Volcanoes, Tsunamis, Political Unrest, Economic distress etc. Send Reiki or other energies for world peace. Or individually- heal a relationship, heal finances, heal job etc.

Heal self or others- you can do hands on healing or distant healing. Distant healing involves the visualization of the higher self of the recipient, or a picture of them, or a name and location.

Heal the world- send Reiki or other energies into the grid of the earth. Accelerate the ascension of humanity.

Heal the afterlife- Send Reiki or other energies to the other side of the veil to help a loved one cross over.

Use Reiki or other energies in attunements or healing sessions- Create a chi ball to hold the attunement or healing session and send it to the higher self of the recipient. Ask the recipient to call in the attunement or healing session when they are ready.

Use Reiki during meditation sessions to view the Akashic Records or to connect to your Higher Self or to the Ascended Masters and Angels or to the higher realms. The

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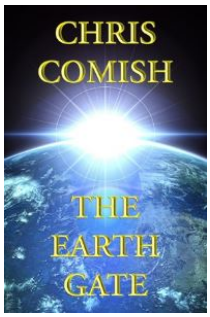

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energy serves as a medium to transport your consciousness.

What is your spiritual background?

This is about how I got into Reiki and other energies.

During the years of 1996 - 2006 I went through an identity crisis. Although I was raised as a Protestant, I had trouble finding Spirit. I could only access the physical, emotional, and mental bodies. I prayed, I went to church, but I had trouble understanding Spirit. So I prayed for the wisdom to get to know Spirit. I never understood the Holy Spirit in the Bible and wanted to know the Holy Spirit. I read in the book of Acts about laying on hands. Acts 8:17- "Then Peter and John placed their hands on them, and they received the Holy Spirit." I looked up laying on hands in 2006, and went for a Reiki massage at Radiance Herbs and Massage in Olympia, Washington. I could not believe that I felt energy flowing through my body coming from another's hands. I was convinced Reiki was an aspect of the Holy Spirit, since it aligned with the Book of Act's mention of laying on hands. After that I began awakening to Spirit.

In 2007, I began to receive distant attunements from Steve Murray via his DVD videos. I became a Reiki Master in 2007, with gratitude to Steve Murray for his powerful attunements. Steve Murray taught me that Reiki attunements could be received distantly. Check out his website at https://healingreiki.com. Then later in 2007-2008 I received various distant attunements online from Kathy McConnell, and learned about the chi ball method, the call in method, from Tami MacDowell at Healings of the Heart. Then I received attunements from Stephen Lovering (including Usui Reiki re-attunements). They were instant attunements. Many of the attunements were initially from the founder of many of the systems- Ole Gabrielsen. Ole Gabrielsen, the founder of Kundalini Reiki and many Reiki modalities, has an online website for attunements so check out his amazing attunements, which I believe he also uses chi balls to provide attunements. It's at https://olegabrielsen.com. Also in 2007 I became an Essene Healer under Dr. John F. Gilbert and learned about Gnosticism and the Tree of Life. In 2008 I was attuned to LightarianTM Reiki and the LightarianTM Rays. Visit https://www.lightarian.com to learn about the LightarianTM programs. All of these people (and organizations) I mentioned are all fantastic spiritual mentors and I highly recommend all of them to you. They are amazing people bring Light to Earth.

In 2008 I began to channel Alpha Omega Healing and share it with you. In 2009 I went through an Ascension experience which I talk about in my books. In 2009 I started the City of Shamballa as a spiritual community to share the Light with each other and lift each other up. In 2010 I published my first book 45 Free Reiki Attunements. I also started my YouTube channel Oneness and Love. I read the Complete Ascension Manual by Dr. Joshua David Stone and learned about his ascension meditations. You can follow Dr. Joshua David Stone's work by visiting https://www.iamuniversity.org. I was active on the City of Shamballa through 2013, then took a break while dealing with some life challenges, until I became active in 2022 again and published more books, such as the Path of Oneness, and made more videos. In 2022 I ventured into Buddhism, Hinduism, and Theosophy to learn new perspectives on Spirit. In 2022 I also learned about the Gene Keys, read Richard Rudd's book Gene Keys: Embracing Your Higher Purpose, and took the Gene Keys Golden Path program at https://genekeys.com. The Gene Keys are fantastic and a highly recommend checking out his website.

I'm looking forward to the next phase of this journey, which includes upgrading the City of Shamballa website to make it more mobile friendly, and to continuing to post wisdom, attunements, and healing sessions. I'm continuing to volunteer for the Distant Healing network. I also want to be more active in person, volunteering for charities and being generous in whatever way I can. This is the school of Life on Earth and the more we can lift each other up, the more impact we have on the world and all of humanity.

Anyway, that is my spiritual background, thank you all of you from the bottom of my heart for all that you do. You are truly appreciated as you spread the Love and Light around the planet. I love you all. God bless you all.

Chris Comish's Awakening Story:

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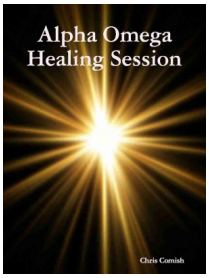

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Alpha Omega Healing Session (PDF Payhip)

Alpha Omega Healing Session (Kindle)

Alpha Omega Healing Session Ebook (Google Books)

$4.99

Alpha Omega Healer Activation (PDF Payhip)

Alpha Omega Healer Activation (Kindle)

Chris Comish's Awakening Story on Empower Radio (2011)

Past Life profile:

You were male in your last Earthly incarnation.
You were born somewhere around the territory of modern Austria approximately in 1750.
Your profession was dramatist, director, musician, bard.

Your brief psychological profile in that past life:
You liked to travel and to meet new people, and were possibly a courier, or even an ambassador.

Lesson that your last lifetime has brought to the present:

Your lesson - to conquer jealousy and anger in yourself and then in those who will select you as their guide. You should understand that these weaknesses are caused by fear and self-regret.

Discover your past life here

http://www.links2love.com/horoscope/psychic_my_past_life.htm

As One reaches the Buddhic plane of Consciousness, Oneness is Experienced

"As a being, standing in the sun, suffused with its light, and pouring it forth, would feel no difference between ray and ray, but would pour forth along one as readily and easily as along another, so does one on the buddhic plane feel brotherhood (or sisterhood) and pours themself into any one who needs their help. One sees all beings as themself, and feels that all one has is another's as much as one's: in many cases, more another's than one's, because their need is greater, their strength being less."

~ Arthur E. Powell

"I close with an appeal to all who read these instructions to rally their forces, to renew their vows of dedication to the service of humanity, to subordinate their own ideas and wishes to the group goals, to take their eyes off themselves and fix them anew upon the vision, to guard their tongues from idle speech and criticism, from gossip and innuendo, and to read and study, so that the work may go intelligently forward. Let all students make up their minds in this day of emergency and of rapid unfolding opportunity, to sacrifice all they have to the helping of humanity. Now is the need and

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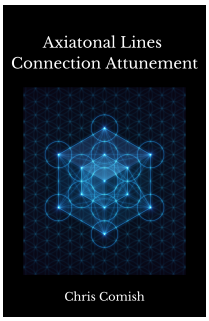

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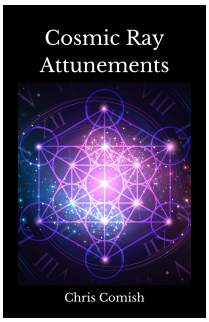

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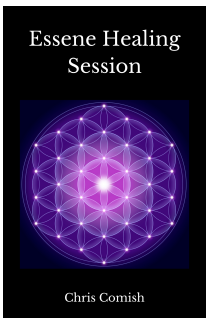

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the demand. The urgency of the hour is upon us, and I call upon all of you whom I am seeking to help, to join the strenuous effort of the Great Ones. They are working day and night in an effort to relieve humanity and to offset those evils and disasters which are immanent in the present situation. I offer to you opportunity, and I tell you that you are needed -- even the very least of you. I assure you that groups of students, working in unison and with deep and unfaltering love for each other, can achieve significant results. That each of you may so work, and that each of you may lose sight of self in realisation of world need, is the earnest prayer and deepest aspiration of your brother, THE TIBETAN." (A Treatise on White Magic, p. 639/40)

~ The Master Djwhal Khul

"Think, not what you want to do, but what you can do that will help someone else; forget about yourself, and consider others. A pupil must be consistently kind, obliging, helpful—not now and then, but all the time." (The Masters and the Path, p. 80)

~ The Master Kuthumi

"Father....Not my will, but yours be done."

~ Luke 22:42

"Be universal love--radiating towards no one object or person in particular but, like the sun, shining on everything in its path." ~ Buddha

"So long as your attitude is open-hearted and accepting and you embrace and take responsibility for your own state, transmutation will occur in your life."

~ Richard Rudd

"All is love and love is all."

~ Richard Rudd

Perfect Attributes of the 7 Rays:

1. Strength.
“I will be strong, brave, persevering in his service.”

2. Wisdom.
“I will attain that intuitional wisdom which can be developed only through perfect love.”

3. Adaptability or Tact.
“I will try to gain the power of saying and doing just the right thing at the right moment—of meeting each man on his own ground, in order to help him more efficiently.”

4. Beauty and Harmony.

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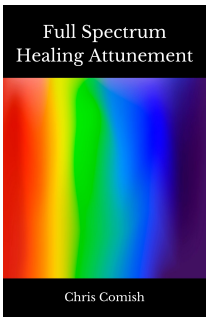

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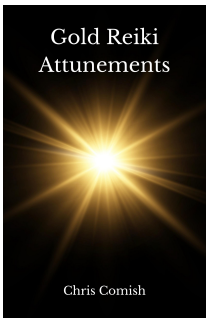

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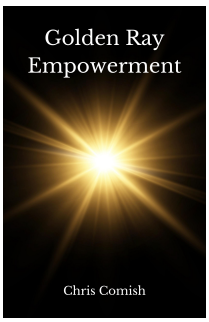

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“So far as I can, I will bring beauty and harmony into my life and surroundings, that they may be more worthy of him; I will learn to see beauty in all Nature, that so I may serve him better.”

5. Science (detailed knowledge).
“I will gain knowledge and accuracy, that I may devote them to his work.”

6. Devotion.
“I will unfold within myself the mighty power of devotion, that through it I may bring others to him.”

7. Ordered Service.
“I will so order and arrange my service of God along the lines which he has prescribed, that I may be able fully to take advantage of the loving help which his holy Angels are always waiting to render.”

~ C.W. Leadbeater, The Masters and the Path (pp. 259-260)

"The Heart (Love) is the key to leaving the matrix of separation and entering the Unity of God."

"Do all the good you can, by all the means you can, in all the ways you can, in all the places you can, at all the times you can, to all the people you can, as long as ever you can." ~ John Wesley

"No act of kindness, no matter how small, is ever wasted." ~ Aesop

"Gratitude is the sign of noble souls." ~ Aesop

"Trust in the many invisible arms that hold each one of you, that carry and comfort you, and know that not ever do you walk alone, for we are All One, and we are with you always, in all ways. And may all that your heart and soul desire and require to manifest a fulfilling life for you – one that is in perfect alignment with the higher plan of your soul and that of Mother Earth – manifest under grace, in perfect, harmonious and miraculous ways. And may this manifest through the abundant sources through which Mother/Father God provide. May all always be well in your world." ~ The Ascended Masters

“There is neither Past nor Future. There is only the Present.” ~ Ramana Maharshi

"That which is above is from that which is below, and that which is below is from that which is above, working the miracles of one." ~ Hermes Trismegistus

"Be the I within the I. Be the observer within the doer"

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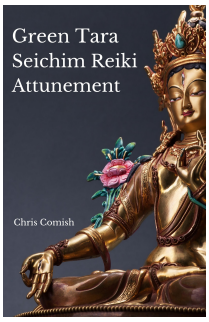

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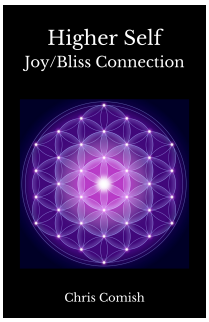

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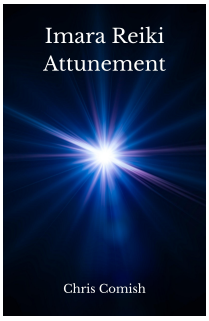

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"If I do not go to the hell to help the suffering beings there, who else will go? ... if the hells are not empty I will not become a Buddha. Only when all living beings have been saved, will I attain Bodhi." ~ Kṣitigarbha

Love is the glue of the universe. Through acts of Love we attract our Spirit. May we realize that We are all One.

"You are accepted and loved with open arms. May you be blessed. We are ready to assist you when you need our help. " - Law of One response

The fruit of silence is prayer; the fruit of prayer is faith; the fruit of faith is love; the fruit of love is service; the fruit of service is peace" ~ Mother Teresa

"The sign of a great leader is not one who receives power from others, but one who empowers others. When leadership works, it creates leaders, not followers. True leadership is not about amassing followers, it is about building teams, it is about creating social structures that effect change, however small or great, in the world."

"Be the master and cause of your reality, not the victim of it."

"Tend the fire of your heart- with each act of love the fire grows more toward me."

God (during a message to me during meditation)

"Do good works on Earth."

God (during another message to me)

"If you judge people, you have no time to love them."

~ Mother Teresa

"It's amazing Molly. The love inside, you take it with you."

- Sam to Molly before ascending to heaven in the movie Ghost

"No life can express, nor tongue so much as name, what this enflaming, all-consuming love of God is. It is brighter than the sun, it is sweeter than anything called sweet; it is stronger than all strength; it is more nutrimental than food, more cheering to the heart than wine, and more pleasant than all the joy and pleasantness of the world. Whoever obtaineth it is richer than any monarch on earth; and he who getteth it is nobler than any emperor can be, and more potent and absolute than all power and authority."

~ Jakob Böhme

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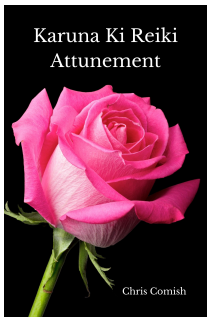

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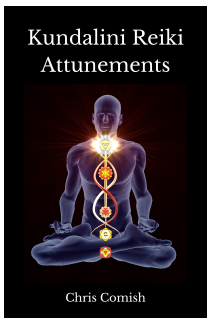

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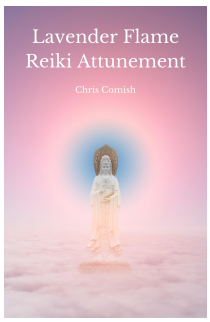

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"Wisdom tells me I am nothing. Love tells me I am everything. And between the two my life flows.“

~ Nisargadatta Maharaj

"The final goal is to help humanity achieve all seven levels of initiation instead of focusing on your own. In truth, you live as much in your brother and sister as you live in yourself. To help your brother and sister is to help yourself, for your brother and sister are you, since God has only one child. Any time you hold back on giving to your brother and sister due to competition, ego factors, or separation, you are, in truth, just shorting yourself. Your brother and sister are mirrors, and what you receive in this incarnation is exactly what you give- no more and no less. Make the choice never to compete or compare and, for the most part, to keep the statistical aspects of your spiritual growth to yourself, for in truth, all are God, whether they have taken any initiations or not."

~ Dr. Joshua David Stone

“I have been all things unholy. If God can work through me, He can work through anyone.”

~ St Francis of Assisi

"A human being is part of the whole called by us universe, a part limited in time and space. We experience ourselves, our thoughts and feelings as something separate from the rest. A kind of optical delusion of consciousness. This delusion is a kind of prison for us, restricting us to our personal desires and to affection for a few persons nearest to us. Our task must be to free ourselves from the prison by widening our circle of compassion to embrace all living creatures and the whole of nature in its beauty. The true value of a human being is determined primarily by the measure and the sense in which they have obtained liberation from the self. We shall require a substantially new manner of thinking if humanity is to survive."

~ Albert Einstein

"When the power of love overcomes the love of power, the world will know peace."

~ Sri Chinmoy Ghose

“Be universal in your love. You will see the universe to be the picture of your own being.”

~ Sri Chinmoy Ghose

"When you chase the light, darkness cannot catch you."

"For where there is reverence for good works and light in the mind, even darkness fleeth away from him."

~ The Testament of Benjamin, from the Apocrypha

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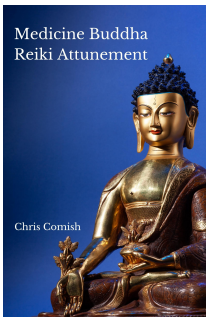

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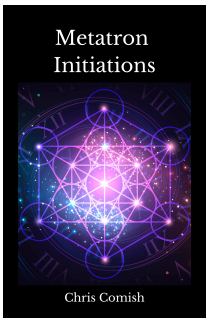

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"The secret of health for both mind and body is not to mourn for the past, nor to worry about the future, but to live the present moment wisely and earnestly."

~ Buddha

"Always be nice to people on the way up; because you'll meet the same people on the way down."

~ Wilson Mizner

"Become a conscious observer and practice detachment. Do not allow yourself to be pulled into a vortex of negative energy created by others. Learn to stand firm and in control, as the director of your sacred energy. Do not allow anyone to disturb your serenity and harmonious nature."

~ Ronna Herman

"Jesus said, "There was a rich man who had much money. He said, 'I shall put my money to use so that I may sow, reap, plant, and fill my storehouse with produce, with the result that I shall lack nothing. Such were his intentions, but that same night he died. Let him who has ears hear."

~ The Gospel of Thomas, from the Apocrypha

"Do not hold grain waiting for higher prices when people are hungry."

~ Zoroaster, also known as Zarathustra

"Jesus said, "If your leaders say to you, 'Behold, the kingdom is in the sky,' then the birds in the sky will get there before you. If they say to you, 'It is in the sea,' then the fish will get there before you. Rather, the kingdom is inside you and outside you. When you know yourselves, then you will be known, and will understand that you are children of the living Father. But if you do not know yourselves, then you live in poverty, and embody poverty."

~ The Gospel of Thomas, from the Apocrypha

"Be good, be kind, be humane, and charitable; love your fellows; console the afflicted; pardon those who have done you wrong."

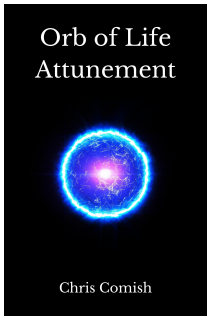
~ Zoroaster, also known as Zarathustra

"Ever since happiness heard your name, it has been running through the streets trying to find you."

~ Hafiz

"May God comfort you and your family in this time of sorrow."

~ Words to say to someone who has lost a loved one



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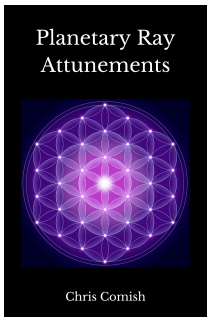

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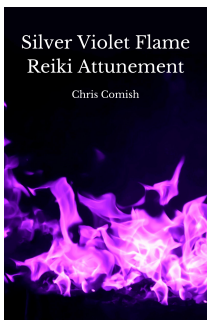

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"Father, forgive them for they know not what they do."

-Jesus, from Luke 23:34

"As you sow, so shall you reap"

"When the Nazis came for the communists, I remained silent; I was not a communist. When they locked up the social democrats, I remained silent; I was not a social democrat. When they came for the trade unionists, I did not speak out; I was not a trade unionist. When they came for the Jews, I remained silent; I was not a Jew. When they came for me, there was no one left to speak out."

~ Pastor Martin Niemöller (1892–1984)

"Ego is always LOVE'S opposite. Love raises vibration and ego lowers it. Ego is a mental essence that each of us is made to endure for as long as we walk the planet. Ego is that thing that tells us in our mind, "No you can't do that ... because you're not talented, thin, good-looking, wealthy, intelligent, young, strong, interesting or intuitive ENOUGH!" This is the voice of the Liar. The Liar is the voice of ego. Let me put it this way: wherever there is separation, condemnation, self-doubt, lack-mentality, bitterness, hostility or segregation ... you can best be sure ego is not far behind. Ego wants to keep you earthbound and Heavenless for as long as it can. It is an essence that has been sent here to learn just as you have. However, it has a duty to challenge each of us and cause us to learn as it learns for itself. There is nothing to fear about the ego. It is just a fragile, spoiled child that screams and rants until it gets what it wants. And like any child, if you ignore it during its temper flare long enough, sooner or later it will get the message that those kinds of methods are not productive and will not yield positive results. If you understand the ego, you will understand the concept of the devil. Satanic frequency is the LOW-RANGE frequency that surrounds us in our collective thinking. It is the opposite of the HIGH, INCOMPREHENSIBLE LOVING frequency of God. Please hear me out on something...be careful of the music you listen to, the movies or TV you watch, the gossip or negative speaking you participate in. All these things LOWER the Soul's vibration. Lower vibration brings depression, disillusionment, disease and despair. The lower our Soul's vibration falls, the more these dark things come upon us. Once you fall into LOWER vibration, immediately seek to amend it with LOVING, HIGHER VIBRATIONAL THOUGHT. It is like anything else, the more you put into something, that is what the end result will be."

~ Christian Andreason

" For the Light is with me, and I myself am with the Light."

~ Pistis Sophia, A sacred Gnostic text

"Suffering allows you to be compassionate toward others who go through similar suffering. Also suffering heals your inner self, so you can radiate love to all."
~ Chris Comish

LOVE IS THE TRUTH

LOVE IS THE WAY

AND LOVE IS THE LIFE

NO ONE COMES UNTO GOD UNLESS THEY KNOW HOW TO LOVE

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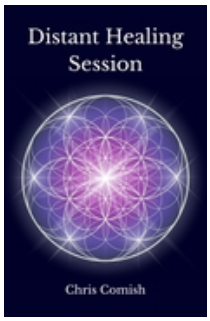

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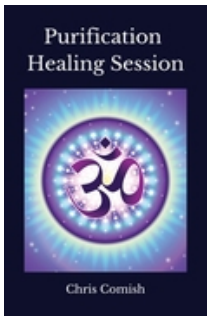

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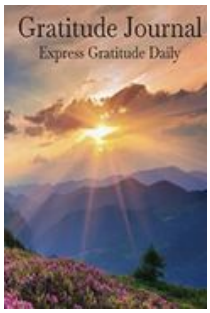

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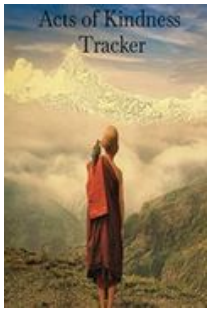

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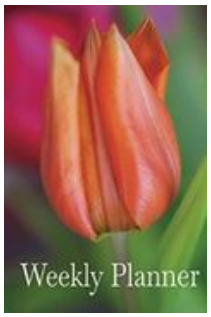

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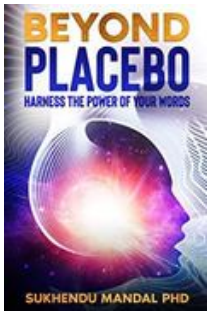

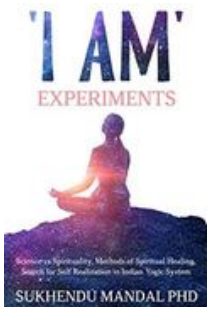

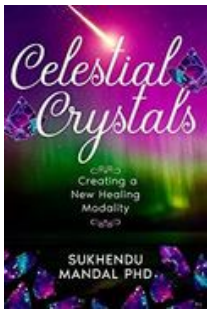

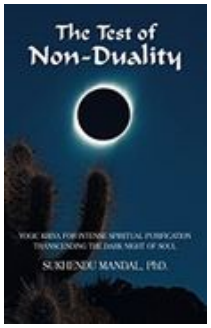

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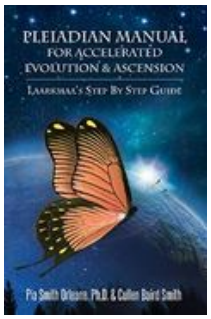

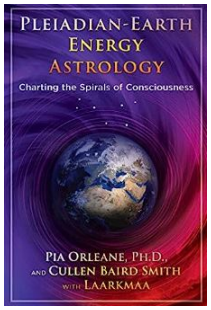
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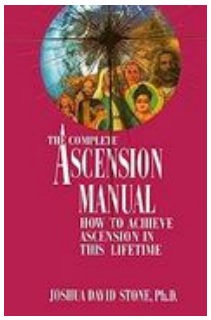
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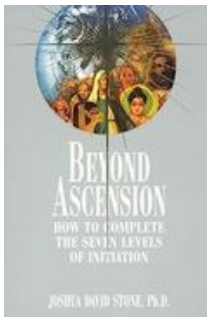
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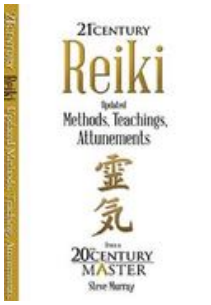
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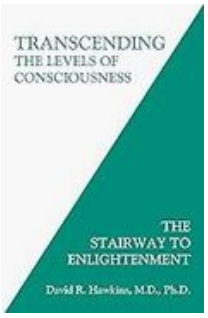
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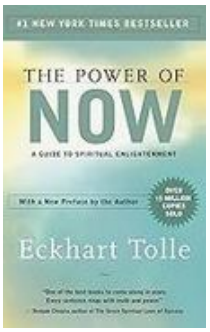
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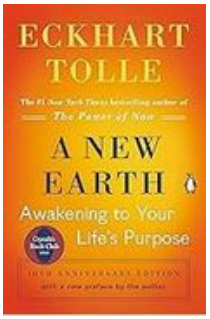
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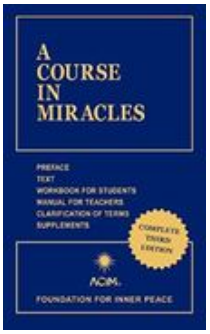
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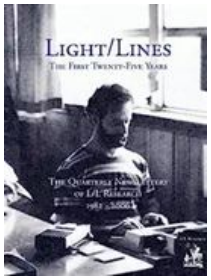
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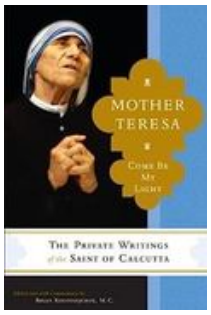
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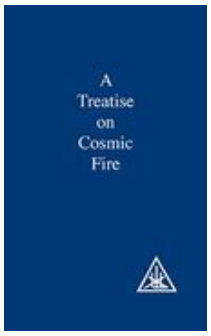
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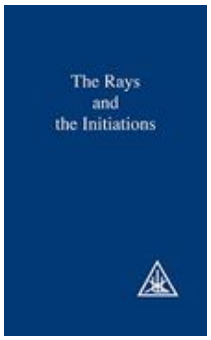
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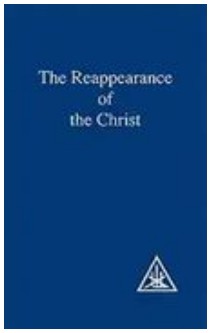
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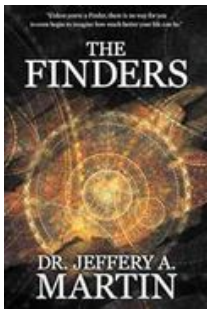
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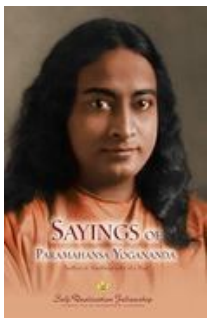
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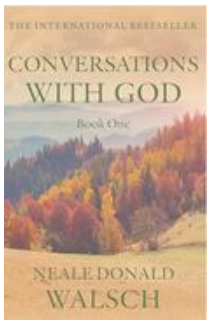
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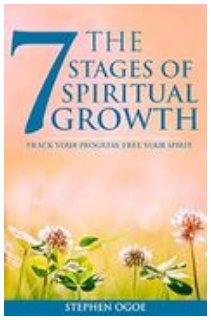
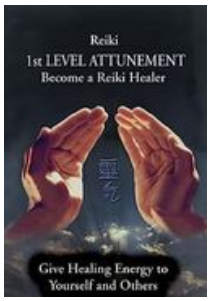
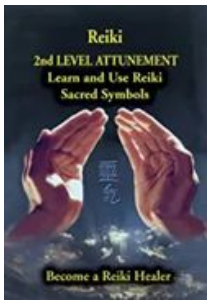
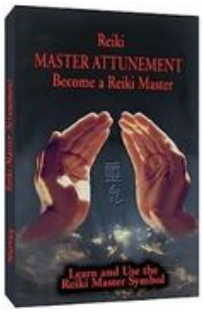
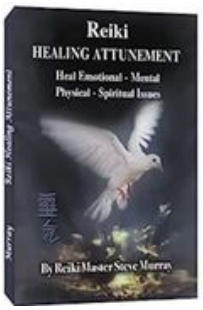


Recommended DVDs (These started Chris Comish's Reiki journey in 2006)









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